

FITFARMS

FARM TO FOLK MENU



Breakfast

Riverlands Free Range Organic Egg on Rye Bread



Lunch

Riverlands Organic Spinach and Tomato Soup
&
Riverlands Organic Beetroot
Cannelloni Beans and Goats Cheese Salad



Riverlands Organic Herefordshire Beef Casserole or Chick Pea Curry with Green Pea Pilau
&
Wheat Free Rhubarb Crumble
